

#### LIVABILITY GOAL:

## Residents are experiencing holistic health & wellbeing

**KEY METRICS:** PHYSICAL ACTIVITY

PRENATAL CARE

**BIRTH WEIGHT** 

LIFE EXPECTANCY

### LOW BIRTH WEIGHT

% of live births with low birth weight (< 2,500 grams)

Source: University of Wisconsin Population Health Institute, County Health Rankings. 2014-2020.

8.6%	Michigan	9.7%	County
BLACK:	14.5%	BLACK:	16.2%
HISPANIC:	7.3%	HISPANIC:	6.9%

WHITE: 7.1% WHITE: 8.0%

# BIRTHS WITH LESS THAN ADEQUATE PRENATAL CARE

Measured by the month care began, number of prenatal visits, and length of pregnancy

**32.2**%

Michigan

**36.6**%

**Muskegon County** 

Muskegon

Source: Michigan Department of Health and Human Services, Division for Vital Records & Health Statistics, reported in Kids Count, 2020.











### PHYSICAL INACTIVITY

% of adults who self-report no leisure time for physical activity



Centers for Disease Control & Prevention, Ntl Center for Chronic Disease Prevention & Health Promotion, 2019

21.7% Michigan	FEMALES: 22.8 % MALES: 20.6 %
26.2% Muskegon County	FEMALES: 26.7% MALES: 25.6%
22.0% United States	FEMALES: 23.1 % MALES 20.8 %

### LIFE EXPECTANCY

Average number of years a person can be expected to live

Source: www.countyhealthrankings.org (Files: 2018-20)

77.5 Michigan

**76.2** Muskegon County

70.6 BLACK/ AFRICAN AMERICAN

75.1 HISPANIC/LATINX

**77.4** WHITE

Muskegon CHIR

LIVABILITY LAB